



MEDIA RELEASE

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For attention Editors and journalists

Wednesday, September 03, 2014

LIMPOPO HOSTS PROVINCIAL GOLDEN GAMES

The Department of Sport, Arts and Culture in collaboration with Office of the Premier, Social Development and Health Departments present the Provincial Golden Games for Older Persons to celebrate active aging through sport. The provincial games will assist in identifying athletes who will be part of Team Limpopo, which will represent the province during the national Golden Games which will be staged in Mpumalanga next month.

The Provincial Golden Games will be held as follows:

Date : 10- 11 September 2014
Venue : Polokwane Cricket Club, Polokwane Municipality, Capricorn
Time : 14:00 (for the games)

Opening ceremony (Formal Programme) will take place on the 10th at 16:00
Closing ceremony and medal awarding will take place on the 11th at 15:00

The objective of the games is to ensure that older persons are well taken care of and participate in sporting activities to promote healthy lifestyle. The target group is older persons from the age of 60 years and above from community based facilities such as hubs. The sporting codes will include; Duck-walk, Passing the ball, 100m run, 200m run, 4 x 100m relay, Rugby ball throw, Jukskei, Ball pass and kick, Ball relay for both males and females respectively, Pegging washing pegs for wheel chair bound males and females only, dress-up race, 400m run, 500m Brisk walk, 800m run, Goal shooting, Ring the stick and 400m relay sprint.

For more information and interviews arrangements, please contact Mabakane Mangena (015)284-4094/082 8295088/ mangenam@sac.limpopo.gov.za;

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